



2436 Commerce Trail Imperial, Ca 92251

760-545-0313

www.seanezsports.com

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
MORNING 							
5-6 am		HYBRID TRAINING Rudy Seanez	Hybrid Training Rudy Seanez	HYBRID TRAINING Rudy Seanez	Hybrid Training Rudy Seanez	HYBRID TRAINING Rudy Seanez	
6-7 am		HYBRID TRAINING Rudy Seanez	YOGA Jayson Barniske	HYBRID TRAINING Rudy Seanez	YOGA Jayson Barniske	HYBRID TRAINING Rudy Seanez	
7-8 am		Zumba Frances Fink			Zumba Frances Fink	Zumba Frances Fink	
8-9 am			BOOT CAMP Nicole Elmore	BOOT CAMP Nicole Elmore	BOOT CAMP Nicole Elmore		
9-10 am		ZUMBA Isela Beltran		ZUMBA Isela Beltran		ZUMBA Isela Beltran	Youth Hybrid Rudy Seanez
10-11 am							
EVENING 							
5-6 pm		Youth Hybrid Rudy Seanez		Youth Hybrid Rudy Seanez			
6-7 pm		Hybrid Training Rudy Seanez		Hybrid Training Rudy Seanez		Hybrid Training Rudy Seanez	
7:30-8:30 pm		ZUMBA Alejandra Rodarte		ZUMBA Alejandra Rodarte			
8:30-9:30 pm			Law Enforcement Boot Camp Nichole Elmore	Law Enforcement Boot Camp Nichole Elmore	Law Enforcement Boot Camp Nichole Elmore		

Directions from the Motor View Drive In: Head West on Aten Rd. Cross Hwy. 86. Approximately 1/3 mile turn Right into Imperial Business Park. Pass the construction on the left and head straight until street ends. Turn left and then right onto Commerce Trail. SSA is the building on the right.